

# Metro-East Youth Basketball (MEYBL)

## 3<sup>rd</sup>-6<sup>th</sup> Boys/Girls League Rules

### 2021-2022

#### General Rules – All Division

- **FACE COVERINGS MUST BE WORN AT ALL TIMES (ATHLETES & SPECTATORS – REGARDLESS OF VACCINATION STATUS) WHEN INSIDE TRIAD DISTRICT FACILITIES.**
- Please arrive at least 15 minutes before the scheduled start time – games may start no more than 2 minutes prior to scheduled start time
- Only one coach may be standing at a time. The others must be seated except during time outs and halftime
- Each team shall provide one volunteer for the score table
- **NOISE-MAKING DEVICES:** Coaches shall not permit their spectators to bring mechanical noise-making devices, megaphones, radios, or tape players into the playing area.
- **Technical Fouls:** will result in 2 free throws by opposing team; 2<sup>nd</sup> technical by player/coach will result in game ejection
- Rim height is 10' for all divisions
- **SPORTSMANSHIP:** As a core value, sportsmanship must be promoted and practiced at all times. Thus, players, coaches, and spectators are expected to demonstrate respect, through their words and through their actions, at all times. The use of inappropriate and intimidating words and actions by a player, coach, or spectator, when directed toward an official, player, coach, or spectator, will be reason for removal from the site. Any spectator ejection will result in ejection of the affiliated team's Head Coach as well.

#### Game Length

- Two – 20 minute halves. Clock will stop during timeouts, official timeouts and injury timeouts.
- 3 minute halftime
- Running clock except for last minute of game. (Unless 1 team leads by 15 or more points at that time)
- Overtime: 2 minutes (clock stops); 2<sup>nd</sup> OT is sudden death (1<sup>st</sup> point wins)

#### Defense

3<sup>rd</sup>- 5<sup>th</sup> Grades:

- 1<sup>st</sup> half – man to man defense is required
- 2<sup>nd</sup> half – any half-court defense is allowed until final 2 minutes (5<sup>th</sup> Grade may press whole second half)
- Defensive violations will be warned once per team per game, 2<sup>nd</sup> offense will result in technical foul

6<sup>th</sup> Grades – Any defense allowed

#### Pressing

3<sup>rd</sup>/4<sup>th</sup> Grades – May press final 2 minutes of game only

5<sup>th</sup> Grade – May press second half only, unless leading by 15 or more

6<sup>th</sup> Grades – May press at any time unless leading by 15 or more

**Ball Size**

3<sup>rd</sup>/4<sup>th</sup> Grades – 28.5”

5<sup>th</sup> Grade – 28.5” unless BOTH coaches agree to use 29.5”

6<sup>th</sup> Grade – 29.5”

**Timeouts**

- 3 timeouts per game

- 1 for OT, no carryover

**Free Throws**

3<sup>rd</sup> Grades – 12 feet, may cross line

4<sup>th</sup> Grade – 15 feet, may cross line

5<sup>th</sup>/6<sup>th</sup> Grades – IHSA rules

**All other IHSA rules in effect**